

# WORK KIDS CAN DO

21 A guide on introducing your kids to responsibility, showing them what it means to be a part of a family, and preparing them for their future.

## PRESCHOOL

### Younger Preschool:

- Pick up toys and put in a basket
- Follow one-step instructions like, "Hand it to me, please."
- Put clothes in a laundry hamper
- Wipe up spills with towel or cloth
- Pick up sticks or gather rocks outside

### Older Preschool:

- All previous tasks
- Help put away groceries
- Help care for a pet
- Water plants
- Sort toys and put them away
- Gather laundry

## ELEMENTARY

### Younger Elementary:

- All previous tasks
- Sort laundry (light/dark)
- Set the table
- Load and unload dishwasher
- Fold and put away towels
- Bring in the mail
- Refill all toilet paper rolls
- Unpack lunch box
- Make their bed

### Older Elementary:

- All previous tasks
- Gather trash from around the house
- Rake leaves
- Help wash the car
- Put away groceries
- Cook simple meals
- Organize and wipe out the fridge
- Vacuum
- Gather laundry

## MIDDLE SCHOOL

- All previous tasks
- Pack their lunch
- Clean out the family car
- Take out the trash
- Sweep and mop the floor
- Mow the lawn
- Babysit
- Make a grocery list
- Volunteer with kids

## HIGH SCHOOL

- All previous tasks
- Get their first job
- Run family errands
- Make their own appointments
- Do the grocery shopping
- Prepare a family meal (weekly or monthly)
- Maintain their own vehicle (gas, oil change, tire pressure, etc.)
- Deep cleaning household appliances (microwave, oven, etc.)
- Clean the bathroom they use
- Pay a bill consistently (even if it's just to you)
- Do their own laundry

# \_\_\_\_\_ 'S CHORES


# S M T W T F S
